

ATHELINGTON, HORHAM & REDLINGFIELD **DIRECTORY**



USEFUL CONTACTS & INFORMATION 2023

Welcome to the eighth edition of this directory, the first since 2018. Covid lockdowns & the surrounding uncertainty account for the long gap between issues. Every effort has been made to make the information in this supplement accurate & we will use your regular editions of the Athelington, Horham & Redlingfield News to update you on any changes we hear about. If you want an organisation or group included in the next directory, please get in touch. We aim to produce a new directory every two years.

Mike Ager

HORHAM & ATHELINGTON COMMUNITY COUNCIL (community centre opposite the church): Membership £10 for a family living at one address, (2 adults & children up to 16 years), £5 for a single adult, £3 for a junior 16-18 years (age must be proven). Membership runs Jan 1-Dec 31. Membership forms available from the bar staff, or Angela Wilkins, 384625. Community Centre club nights & opening hours: Wed, Fri, & Sat, 8pm-11pm (admission may be restricted when a private function is being held). Further information on membership or events from Angela Wilkins. Hall bookings via Karen Alderton, 384754 or 07775 672220. Chairman - Margaret Streeter, 384869. Personal Licence Holder – Rod Tyrrell, 388285. No fly tipping on the community centre bonfire site please & please could people not drive on the grass to deliver bottles & papers to the recycling banks.

HORHAM OLD SCHOOL & SOCIAL CLUB (next to church): The club is open from 8.30pm till late on Tues & Fri year-round. Cyber Cafe & Coffee morning Wed from 10.30am till 12ish. Cafetière coffee, homemade cake & computer help/advice & tuition is available during these sessions. All ages welcome. Chairman - Christine Cooper, 384168. Secretary – Margaret Streeter, 384869. Hall Bookings Pip Florance, 384370.

95TH BOMB GROUP HOSPITAL MUSEUM: Shingle Hill, Denham, IP21 5EU (open last Sundays of the month May-Oct inclusive, 10am-4pm or by appointment). Tony Albrow: 870514, Email: tony@albrow.org, Web: www.95thbghospitalmuseum.co.uk. TA



Re-enactors at the Red Feather Club.

95TH BOMB GROUP HERITAGE ASSOCIATION/RED FEATHER CLUB:

Horham Airfield, Coldhams Hill, Denham, IP21 5DG (public open days last Sundays of the month April-October inclusive, 10am-4pm). Other visiting times may be arranged by appointment. Other events throughout year including dances. 40s dance classes Monday evenings. Annual membership £12. Email: enquiries@95thbg-horham.com, Web: www.95thbg-horham.com.

REDLINGFIELD & OCCOLD WOMEN'S INSTITUTE: Meetings in Occold Village Hall on the first Wed of the month except Jan when they are on the second Wed. President, Carol Peters on 678597.

NEW REEDING WOODS GROUP: Pound Lane Wood, Redlingfield Road, Horham: Join a working party, or become a "friend". This community woodland is held in trust for the villagers of Denham, Horham & Athelington. Secretary - Penny Conway, Cranley Cottage, The Street, Denham, IP21 5EX. Tel: 870165.

REDLINGFIELD DOORSTEP GREEN:

Is a three acre play, recreation and wildlife area in the centre of the village. It is the venue for village events and regular pop-up pubs from April to October. It was created by the villagers in 2006 and is looked after by Redlingfield Village Amenities Ltd, a not-for profit company created especially for the purpose. The company directors are Mike Ager, Andrew Abbott, Katie Abbott, Allan



Dog Show
on Redlingfield
Doorstep Green.

Chapman, Janet Norman-Philips & Alison Smith.

HORHAM DAIRY AND CARE FARM: Stradbroke Road, Horham, IP21 5DZ. Tel: 07752 168156, Email: info@horhamdairyandcarefarm.org, Web: www.horhamdairyandcarefarm.org. The Care Farm provides day care placements to young adults with mental health conditions and learning disabilities. Its aim is to improve the health and well-being of vulnerable people by working outside with animals and horticulture. It also sells goat's cheese from its dairy.

ROYAL AIR FORCES ASSOCIATION - DISS AND DISTRICT RAFA BRANCH (covers this area): Meetings at Diss Bowls Club (entrance down the side of the Cock Inn) Lower Denmark Street, Diss, Norfolk, IP22 4BE, on the fourth Monday of the month. Branch Secretary Tony Canfer. Email: tonycanfer591@gmail.com. Web: <http://dissanddistrictrafa.onesuffolk.net>.

ROYAL BRITISH LEGION - STRADBROKE AND DISTRICT BRANCH: Meetings at the Royal Oak, Laxfield. In April, May, June, July & Sept they meet at 7.30pm & in Oct, Nov, Dec, Feb & March they meet at 11.30am all on the 2nd Tuesday of the month. They do not meet in Jan & Aug. Branch Secretary - Bernard Mills, 01986 798414. The branch are happy to welcome new members & provide welfare support where appropriate. Web: www.britishlegion.org.uk.

HOXON HUNDRED: Morris dancers & musicians practise on Wednesdays from beginning of September to end of April at St Edmund's Hall, Hoxne, 7.15pm-10pm. Email Jane Pearse at janepearse@btinternet.com.

FRAMLINGHAM BRIDGE CLUB: Meets at Castle Community Rooms on Monday afternoon (Club Play) and Wednesday afternoons (Improvers). Monday at 7pm for duplicate bridge. All players welcome. Improvers Class Wednesdays 2-5pm. Web: www.bridgewebs.com/framlingham.

WORKERS EDUCATION ASSOCIATION (adult learning): The WEA several different courses in Bank Arts Centre in Eye & other nearby locations. Visit www.wea.org.uk for up-to-date information. Local contact - Rachel Turner: 07919 144220.

TELEPHONE NUMBERS USE THE 01379 CODE UNLESS OTHERWISE STATED

1ST FRESSINGFIELD SCOUT GROUP: Squirrel Scouts (4 to 6 years) Tues 3.45-4.45pm; Beaver Scouts, (6 to 8 years) Mon 5.30-6.30pm; Cub Scouts (8 to 10½ years) Wed 6.30-7.45pm; Scouts (10½ to 14 years) Tues 7-8.45pm; Explorers (14 to 18 years) Fri 7.15-9pm; Scout Network (18 to 25 years). Andrew Aalders-Dunthorne, Group Scout Leader, Scout Headquarters, Priory Road, Fressingfield, IP21 5PH, 07908 262623, Email: andrew.aaldersdunthorne@talk21.com, Web: www.1stfressingfieldscouts.org.uk.

1ST EYE SCOUT GROUP (incorporating Beavers, Cubs & Scouts): Beavers, (6 to 8 years – boys & girls), Wed 5.30-7pm. Cubs, (8 to 10½ years), Fri 6.00-7.30pm. Scouts, (10½ to 14 years), Tues 7.30-9.15pm. Scout Hut, Wellington Road, Eye. Group Scout Leader is Joan Norman, 890432. Email: joan.norman1@sky.com.

1ST FRESSINGFIELD AND STRADBROKE BROWNIES: Candice Steward, 388308 or stradbrokebrownies@gmail.com (Brownies for girls 7 to 10 years). New members always welcome! Contact us for a taster session.

GIPPING VALLEY JUNIOR YOUNG FARMERS CLUB (www.suffolkyoungfarmers.com): 10-year-olds and up. Meet most Fridays at Finborough School, Great Finborough. You don't need to be involved in farming – just someone who appreciates the countryside and enjoys rural life. Contact Adrian Smith (0871 72076162).

LOCAL VETS A-Z:

Castle Veterinary Group (Framlingham): small animal practice, Pepperwash Lane, Framlingham, IP13 9PT. Tel: 01728 723480. Web: <https://castlevetgroup.com>.

Cedarwood Veterinary Practice (Stowmarket): small animal practice, Combs House, Stowmarket Business Park Needham Road, Stowmarket. Tel: 01449 676966. Web: www.cedarwoodvets.co.uk. Email: office@cedarwoodvets.co.uk.

Cherry Tree Vets (Diss & Harleston): small animal practice, Cherry Tree Stables, Roydon Road, Diss, IP22 4LN. Tel: 870999. Email: info@cherrytree-vets.co.uk. No.3 Broad Street, Harleston, IP20 9AZ. Tel: 852999. Email: harleston@cherrytree-vets.co.uk. Web: <https://cherrytree-vets.co.uk>.

Debenham Veterinary Practice (Debenham): small animal practice, 14 Low Road, Debenham, IP14 6QU. Tel: 01728 861289. Web: www.debenhamvets.co.uk. Email: debenhamvets@gmail.com.

Deben Valley Equine Veterinary Clinic (Framsden): horse & donkey specialists, High House Farm, Birds Lane, Framsden, IP14 6HR. Tel: 01728 685123. Web: www.debenvalleyvet.co.uk. Email: admin@debenvalleyvet.co.uk.

Framlingham Vets (Framlingham) in partnership with Saxon Vets (Wickham Market): small animal practice, Station Road, Framlingham, IP13 9EE. Tel: 01728 621666. Web: www.framlinghamvets.com. Email: reception@framlinghamvets.com.

Linden House Veterinary Centre (Diss): small animal practice, 70 Mission Road, Diss, IP22 4HX. Tel: 651183. Web: <https://lindenhousevets.com>. Email: enquiries@lindenhousevets.com;

Oakwood Veterinary Group (Harleston): small animal, farm, agricultural & equine practice, Fuller Road, Harleston, IP20 9EA. Web: www.oakwoodvets.co.uk. Email: admin@oakwoodvets.co.uk;

Stowe Veterinary Group (Stowmarket): small animal, farm, agricultural & equine practice, Stowe Veterinary Centre, 54 Bury Road, Stowmarket, Suffolk IP14 1JF. Tel: 01449 613130. Web: www.stovevets.co.uk. Email: mail@stovevets.co.uk.

Uplands Way Veterinary Clinic (Diss & Attleborough): small animal, smallholders, exotics & equine practice, Low Road, Bressingham, Diss, IP22 2AA. Tel: 642865. Web: www.uplandswayvets.co.uk. Email: vets@uplandswayvets.co.uk.

BAT CONSERVATION TRUST:

www.bats.org.uk

BLUE CROSS: www.bluecross.org.uk

DOGS TRUST: www.dogstrust.org.uk

CATS PROTECTION: www.cats.org.uk

BRITISH HEDGEHOG PRESERVATION SOCIETY:

www.britishhedgehogs.org.uk

RSPB: www.rspb.org.uk

RSPCA: Reporting cruelty - call their 24-hour line to report cruelty or an animal in distress. 0300 1234 999.

Rehoming - Martlesham Animal Centre, 2 Mill Lane, Martlesham, IP12 4PD Tel: 0300 999 7321. Web: www.rspca.org.uk.

SUFFOLK ANIMAL RESCUE:

5 Cherry Tree Lane, Debenham, Suffolk, IP14 6QT. Rescued cats, dogs, rabbits & other small animals seeking new homes. 01728 860937, Email: suffolkar@hotmail.com, Web: www.suffolkanimalrescue.org.uk. Visitors are strictly by appointment.

HELP WILDLIFE Directory of UK Wildlife Rescue Centres: www.helpwildlife.co.uk

BROCKS BARN HEDGEHOG RESCUE: Hedgehogs. Tel: 853517 or 07966095187, Email: brocksbarnhedgehogrescue@gmail.com.

NORFOLK BADGER TRUST: Badgers. Tel: 07896 797697 or 07788 476784, Email: norfolkbadgertrust@outlook.com, Web: www.norfolkbadgertrust.org.

PACT: Badgers, bats, birds of prey, deer, foxes, gamebirds, wild birds, seabirds, hares, rabbits, hedgehogs, squirrels & also rehome domestic animals. PACT Animal Sanctuary, River Farm, Woodrising, Hingham, Norfolk, NR9 4PJ. Tel: 01362 820775 (9am-5pm) or 01362 685056 (emergencies), www.pactsanctuary.org. Email: pactsanctuary@btconnect.com.

POPPY'S CRECHE: Hedgehogs. 2 Vine Cottage, Forward Green, Stowmarket, Suffolk, IP14 5HZ. Tel: 01449 711724, Email: mail@poppyscreche.org, www.poppyscreche.org.

SUFFOLK & ESSEX SMALL ANIMAL WELFARE (SESAW): Corvids, garden birds, hedgehogs, mustelids, rabbits, hares, voles & waterfowl also rehome domestic animals. Idano, Stoke Road, Leavenheath, Suffolk, COB 4PP. Tel: 01787 210888, Email: info@sesaw.co.uk, Web: www.sesaw.co.uk.

SUFFOLK HEDGEHOG HOSPITAL: Hedgehogs. 2 The Hill, Ousden, Newmarket, Suffolk, CB8 8TW. Tel: 01638 500295, or 07702 211302, Email: suffolkhedgehoghospital@gmail.com, Web: www.suffolkhedgehoghospital.com.

SUFFOLK OWL SANCTUARY: Owls & birds of prey. Stonham Barns, Pettaugh Road, Stonham Aspal, IP14 6AT. Tel: 03456 807897, Web: www.owl-help.org.uk.

SUFFOLK PRICKLES HEDGEHOG RESCUE: Hedgehogs. Meadow Cottage, Stonham Aspal, IP14 5DT. Tel: 07469 177090, Email: suffolkprickleshedgehogrescue@gmail.com, Web: www.suffolkprickles.org.



Suffolk Animal Rescue photo.



Horham Shop gets a community award during the pandemic.

HORHAM SHOP & POST

OFFICE: The Street, Horham, IP21 5DY. Open: 9am-1pm, Mon-Sat; 2pm-5.30pm, Mon, Tue, Thurs & Fri. As a Post Office it also offers some banking services.

NEWSPAPER DELIVERIES: Stephen Tuckwell delivers newspapers & magazines & accepts all pre-paid vouchers. Tel: 01728 685385 or 07747 120977, Email: stephentuckwell68@gmail.com.

DAIRY CREST MILK & MORE: Delivers dairy & other groceries. Web: www.milkandmore.co.uk.

FARMERS' MARKETS ETC: Eye Country Market: Town Hall, Weds, 10am-11am. Diss Farmers' Market: Marketplace, 2nd Sat of month, 9am-1.30pm. Hoxne Artisan Market (Mar to Dec): St Edmund's Hall, 2nd Sat, 10am-2pm. Rickinghall Farmers' Market: Village Hall, 2nd Sat, 9am-12.30pm. Fressingfield Community Produce Market: 3rd Sat (May to Oct) on the Fox & Goose Green or Sancroft Hall, 10am-noon.

THE EYE GRAMMAR SCHOOL FUND: This trust fund provides grants to young people & educational organisations serving those under 25 who live in Eye, Athelington, Bedfield & Horham. Special grants are available to cover expenses not met by the local education authority. For application form contact the clerk, Susan Whymark. Tel: 07879 776175. Email: eyegrammarschool@gmail.com.

CITIZENS ADVICE BUREAUX: Get advice online from www.citizensadvice.org.uk. Consumer helpline on 03454 040506.

MID SUFFOLK CITIZENS ADVICE: 5 Milton Road South, Stowmarket, IP14 1EZ. Web: www.midsuffolkcab.org.uk. Open: Mon. Tues, Wed & Thurs 9.30am-3.30pm; Fri 9.30am-12.30pm, Call on 01449 676060 or 676280 during opening times to speak to an adviser. If you leave a voicemail message, please include your full name and telephone number, and an adviser will call you back (within seven days).

DISS, THETFORD & DISTRICT CITIZENS ADVICE BUREAU: Shelfanger Road, Diss, Norfolk, IP22 4EH & Harleston Outreach at Harleston Information Plus, 2 Exchange Street, Harleston, IP20 9AB. Web: www.dissandthetfordcab.org.uk, Email: dissadviser@cadat.org.uk. To get advice, call us 0800 144 88 48 (closed bank holidays). Face-to-face appointments Mon, Wed & Fri 10am-2pm. Drop-in session Tues 9.30am-12.30pm.

PUBLIC TRANSPORT CONTACTS: Contact Passenger Transport by web chat via www.suffolkonboard.com (Mon-Fri 9am-4.30pm excluding bank holidays).

General enquiries: 0345 606 6171, passenger.transport@suffolk.gov.uk or tweet @suffolkonboard.

School travel: 0345 606 6173, transport.service@suffolk.gov.uk.

Timetables: www.suffolkonboard.com & Traveline: 0871 200 2233 & www.traveline.info.

Concessionary travel: www.suffolkonboard.com/concessionary-travel. 0345 600 0659.

SCHEDULED BUS SERVICES:

DISS-FELIXSTOWE: Operates on Mondays during school summer holidays. Pick-up Redlingfield village sign 9.56am, arrives Felixstowe 11.29am. Leaves Felixstowe 4.30pm arrives Redlingfield 5.53pm. Operated by [Fareline Bus & Coach Services](#), Syleham Road, Wingfield, IP21 5RF. Tel: 668151 or 07850 940445.

[High Suffolk Community Transport](#), Cowslip Cottage, Bedfield, IP13 7JD. Tel: 01728 627181 or 01728 685415, Email: support@combus.org, Web: combus.org.uk. It operates twice monthly return minibus services from Redlingfield to Stowmarket & Norwich, monthly services to Bury St Edmunds as well as a weekly service from Horham to Diss and in July and August two services from Redlingfield to Southwold.

STOWMARKET (Route 3) - 2nd & 4th Thurs of the month: Leaves from Redlingfield village sign 9.31am arrives Stowmarket Argos 10.36am. It leaves Stowmarket 1.10pm arriving in Redlingfield at 2.15pm.

DISS (Route 4) - Fridays: Tannington-Horham-Eye-Diss service leaves from Horham Post Office at 10.29am arriving at Diss Morrisons at 10.55am. It leaves Diss at 1.15pm arriving in Horham at 1.41pm.

NORWICH (Routes 5 & 8) - 2nd Sat & 4th Wed of the month: The Redlingfield-Norwich service leaves from the village sign at 9.31am arrives Norwich 11.11am. It leaves Norwich at 2.45pm arriving in Redlingfield at 4.25pm.

BURY ST EDMUNDS (Route 6) - 3rd Sat of the Month: The Redlingfield-Bury St. Edmunds service leaves from opposite the village sign at 9.31am arrives Bury St Edmunds 11.09am. It leaves Bury at 2.45pm arriving in Redlingfield at 4.14pm.

SOUTHWOLD (Route 12) - 3rd Mon in July & Aug: Leaves Redlingfield village sign at 9.45am arriving in Southwold at 11.05am. It leaves Southwold at 3.15pm arriving in Redlingfield at 4.49pm.

COMMUNITIES TOGETHER EAST ANGLIA (formerly BSEVC): Among its services this charity provides transport in Mid Suffolk for those who are rurally isolated without access to a vehicle, those who cannot access public transport because of mobility difficulties or where there is little or no public transport available. Call the Transport Office on 01449 614271. If you are a new passenger to Communities Together East Anglia, they will need to take some basic details from you so that they can register you on their system. Email: info@communitiestogether-ea.org, Web:

www.communitiestogether-eastanglia.org. **Connecting Communities** - Part of the countywide service operated by Suffolk County Council, it is the local operator for Ipswich & Mid Suffolk areas. The service is available 7am-7pm Monday- Saturday and offers affordable transport solutions for people, door-to-door. **Community Cars** - Volunteers provides door-to-door transport, one-to-one (or in a family group) to get you to where you need to be. All of the volunteers have enhanced DBS and are dementia and first aid aware.

BORDERHOPPA (Horham & Athelington): The Borderhoppa charity operates mini buses. They offer a door-to-door dial-a-ride service covering parishes across South Norfolk & North Suffolk & serve the towns of Eye, Diss, Harleston & Long Stratton. To use the Dial-a-Ride service all passengers need to become members. As from 1st February 2023 the membership fee is £15 per year. Tel: 854800, Email: adminborderhoppa@btconnect.com, Web: www.borderhoppa.org. Office hours 8.30am-5pm Mon-Fri.

ROADWORKS: You can find out about roadworks, road closures, diversions & traffic restrictions in Suffolk at www.suffolk.gov.uk/roads-and-transport/roadworks and also at www.one.network

POTHoles: You can report potholes in Suffolk online using the Highways Reporting Tool at www.suffolk.gov.uk/roads-and-transport/roads-pavements-and-verges/potholes/report-a-pothole. You should not report a pothole online if: it poses an immediate danger to public safety (call 0345 606 6171); it is on a trunk road in Suffolk (call Highways England Information Line on 0300 123 5000); or it is on a private road.

LIBRARIES: Residents may join both Suffolk (Web: www.suffolklibraries.co.uk Email: help@suffolklibraries.co.uk Tel: 01473 351249) & Norfolk (Web: www.norfolk.gov.uk/libraries-local-history-and-archives/libraries Email: libraries@norfolk.gov.uk) public libraries.

EYE: 6 Cross Street, IP23 7AA, Tel: 870515. Open: Tues 9am-1pm; Wed 9am-1pm & 2pm-6pm; Thurs 2pm-5pm; Fri 9am-1pm & 2pm-5pm; Sat 9am-1pm; Sun 10am-3pm.

STRADBROKE: Court House, Queens Street, Stradbroke, IP21 5HG. Tel: 384768. Open: Mon, Tues & Fri 2pm-5pm; Thurs 9am-1pm & 2pm-5pm; Sat 9am-1pm.

DISS: Church Street, Diss IP22 4DD. Open: Mon, Tues, Wed, Thurs & Fri 8am-7pm; Sat & Sun 10am-4pm.

MOBILE LIBRARY: Leiston Mobile Library visits every four weeks on Tuesdays (9 June, 7 July, 4 Aug, 1 Sept, 29 Sept, 27 Oct, 24 Nov, 22 Dec). It stops by Horham Church, 11.55am-12.15pm & by Redlingfield post box 12.25-12.40pm. Web: www.suffolklibraries.co.uk/visit/mobile-libraries/saxmundham-mobile-library-route-5

CHURCH OF ENGLAND: St Andrew, Redlingfield; St Peter, Athelington; St Mary, Horham. Information on services & history www.redlingfield.suffolk.gov.uk. Priest in Charge, Hoxne Benefice, Revd Canon Eleanor Goodison. Tel: 07876 143579. Email: eleanor.goodison@gmail.com. Check services & opening times on church/village notice boards & in the village magazine. A monthly Hoxne Benefice Newsletter is available in the back of the churches. For your e-copy please email the hoxnebeneficeoffice@gmail.com.

HORHAM BAPTIST CHURCH: Chapel Lane, Horham, IP21 5ER. Pastor Adam Blowes, Chapel Manse, Worlingworth Road, Horham, IP21 5ER, Tel: 388008. Email: admin@horhambaptist.org.uk, Web: www.horhambaptist.org.uk.

THE CATHOLIC CHURCH OF ST. HENRY MORSE: Shelfanger Road, Diss, Norfolk, IP22 4DX. Parish Priest Father Alex Anaman. Tel: 01379 642914. E-Mail: alex.anaman@rcdea.org.uk Web: www.sthenrymorse.com.

JUBILEE BAPTIST CHURCH: The Street, Occold, IP23 7PL. Email: jubileebaptist@occold.com. Web: www.jubileebaptist.co.uk.



St Mary, Horham.

BROME COMMUNITY RECYCLING CENTRE: The centre is run by KHK Recycling and is not part of Mid Suffolk District Council or the Household Waste Recycling Centre Network. Charges are applicable for certain types of waste in order to pay for disposal & running costs. Email khkre recycling@gmail.com. Tel: 07857 662528. Open Mon, Tues, Thurs, Fri & Sat 10am- 2pm.

STOWMARKET HOUSEHOLD WASTE RECYCLING CENTRE: Old Bury Road, Stowmarket, Suffolk, IP14 1JQ. Mid Suffolk District Council-run site, Open April-Sept: Mon, Tues, Thurs, Fri, Sat, Sun 9am-5pm (open to 7pm Thurs May-Aug). Open Oct-Mar: Mon, Tues, Thurs, Fri, Sat, Sun 9am-4pm. Closed Wednesdays, Christmas Day, Boxing Day & New Years Day. You need to book a time slot in order to visit Suffolk's Recycling Centres (<https://suffolkrecycling.org.uk/where-to-recycle/recycling-centres/suffolk-recycling-centres-booking-page>).

RECYCLING BANKS:

Batteries: Anglia Cooperative, Church Street, Suffolk, Eye, IP23 7BD.

Glass only: Athelington Hall, Brandeston Village Hall, Denham Village Hall & Thorndon Village Hall.

Cardboard, Glass & Paper: Horham Village Hall & Occold Amenities Council, The Street, Occold.

Cardboard, Glass, Paper & Textiles: Buckshorn Lane Car Park, Eye.

Glass & Paper: Eye Playing Field, 25 Magdalen Street, Eye, IP23 7AJ.

Fire Fighters Charity textile banks: Eye Fire Station, Lambseth Street, Suffolk, IP23 7AQ, Stradbroke Fire Station, Wilby Road, Suffolk, IP21 5JN & Debenham Fire Station Debenham Fire Station, 14 Low Road, Suffolk, IP14 6QU

REFUSE COLLECTION: Mid Suffolk District Council run an alternate week collection service. This means that one week they will collect your black refuse bin, & the following week they collect your green recycling bin. The calendar for Mid Suffolk residents is available at www.midsuffolk.gov.uk/waste-services/collection-days, www.midsuffolk.gov.uk/assets/Waste-Services/Calendars/MID-SUFFOLK-Refuse-Recycling-Collection-Schedule-2023.pdf or you can call the Waste Services team on 0300 1234 000, option 4. Make sure: the correct bins are put out by 6.30am on the day of collection; bin lids are firmly closed; bins are placed at the nearest point to the public highway; any additional waste/recycling is placed in authorised sacks (no waste in black sacks beside or on the bin will be taken); recycling bins contain items that are recyclable, otherwise they may not be emptied & your bins may be stickered to let you know why. Make sure you know what goes in your bin by checking at www.midsuffolk.gov.uk/waste-services/what-goes-in-my-bins/ & www.suffolkrecycling.org.uk/a-z-of-recycling. Missed collections must be reported within 48 hours. Brown bins for garden waste are available for £59 a year, plus a one-off administration charge of £10 for new or additional subscriptions.

BULKY ITEM COLLECTIONS: Mid-Suffolk Council can collect and dispose of household (excludes DIY waste, fixtures or fittings) items for you. This service costs £49.50. They will collect up to five separate items (or 10 bags of household refuse/garden waste). The crews will not enter properties, garages, back gardens or sheds, so you must place your items in a place which is easy to access from the street. You can book a collection online (www.midsuffolk.gov.uk/waste-services/bulky-collections/bulk-waste-availability/) or by phone (0300 123 4000, option 4).

EXCESS REFUSE: Excess refuse will only be collected if in authorised orange sacks. Excess recycling will only be collected if in clear, see-through sacks. Excess garden waste will only be collected if in authorised green garden waste sacks. Orange refuse sacks are 84p each, clear recycling sacks are 10p each & green garden waste sacks are £1.20 each. Where you can buy them: Henry Abbott Hardware, 1a Chancery Lane, Debenham, IP14 6RN; Eye Library, 6 Cross Street, Eye, IP23 7AB; Families Together Suffolk Charity Shop, 1 Broad Street, Eye, IP23 7AF; Fressingfield Stores, New Street, Fressingfield, IP21 5PG; Hoxne Post Office Stores, Low Street, Hoxne, IP21 5AR; & Thorndon Community Shop, The Street, Thorndon, IP23 7JR.

ACCIDENT & EMERGENCY DEPARTMENTS: Ipswich Hospital, Heath Road, Ipswich, IP4 5PD. Switchboard 01473 712 233. Colchester Hospital, Turner Road, Colchester, CO4 5JL. Switchboard 01206 747 474. Both Ipswich and Colchester are part of the East Suffolk and North Essex NHS Foundation Trust: www.esneft.nhs.uk. Trust Offices, Colchester Hospital, Turner Road, Colchester, Essex, CO4 5JL. Use this address to write to our Chair or Chief Executive, or any senior manager. **West Suffolk Hospital**, www.wsh.nhs.uk. West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, Suffolk, IP33 2QZ. Tel: 01284 713000. **Norfolk and Norwich University Hospital**, www.nnuh.nhs.uk. Norfolk and Norwich University Hospitals Trust, Colney Lane, Norwich, NR4 7UY, Tel: 01603 286286.

DOCTORS: Fressingfield Medical Centre, New Street, Fressingfield, IP21 5PJ – 586456, & Stradbroke Medical Centre, Wilby Road, Stradbroke, IP21 5JN – 388313, (www.fressingfieldmedicalcentre.co.uk). **Eye Health Centre**, Castleton Way, Eye, Suffolk, IP23 7DD – 870689 (www.eyehhealthcentre.co.uk).

FINDING A DENTIST: You can approach any NHS dental practice and request care, but many NHS dentists now have a waiting list and you may find it takes longer to secure a routine dental appointment with a new practice. NHS practices are only responsible for the care of the patient whilst they are under a course of treatment. Practices do not have an obligation to see the patient again after that course or treatment is completed. Suffolk & North East Essex Integrated Care Board manage NHS Dentists in Suffolk. Tel: 0800 389 6819; Email: sneeicb.pals@nhs.net or sneeicb.complaints@nhs.net; Web: suffolkandnortheastsex.icb.nhs.uk. You can search for an NHS dentist on www.nhs.uk/service-search/find-a-dentist.

EMERGENCY AND OUT-OF-HOURS DENTAL CARE: If you need urgent care, contact your dentist. You can also contact NHS 111, who can put you in touch with an urgent dental service. Do not contact a GP, as they cannot offer urgent or emergency dental care. Only visit A&E for injuries to the face, mouth or teeth; severe or increasing swelling in your mouth, throat or neck, making it difficult to breathe, swallow or speak. If you're not sure if you should go to A&E, call NHS 111 or contact www.111.nhs.uk.

WAVENEY FOODBANK: Unit 9b, Fortress Close, Brome Ind Estate, Eye, IP23 7HN, waveney.foodbank.org.uk, info@waveney.foodbank.org.uk, 01379 870506 or 0845 2691078. This foodbank is run in partnership with local churches. GET HELP ... To receive a box of food (lasting for three days) obtain a voucher from a Citizens Advice Bureau or contact the foodbank directly. GIVE HELP ... Donate food or money see their website for details.

HELP WITH CARE NEEDS: **Infolink Community Directory.** A local directory of Suffolk care services <https://infolink.suffolk.gov.uk>. **Suffolk Family Carers:** Tel: 01473 835477 www.suffolkfamilycarers.org.

PHARMACIES (www.nhs.uk/service-search/pharmacy/find-a-pharmacy):

Asda Pharmacy, 8-9 Wilkes Way, Stowmarket, IP14 1DE, Tel: 01449 778510;
 Boots, 9 Market Place, Diss, IP22 4AB, Tel: 642436; 17 The Thoroughfare, Harleston,
 Norfolk, IP20 9AH, Tel: 01379 852338; Violet Hill Road, Stowmarket, IP14 1NL, Tel:
 01449 615561; 21 Ipswich Street, Stowmarket, IP14 1AH, Tel: 01449 612349;
 Eye Pharmacy, 5 Broad Street, Eye, IP23 7AF, Tel: 870233;
 Framlingham Pharmacy, 32 Market Hill, Framlingham, IP13 9AY, Tel: 01728 723477;
 Hado Pharmacy, 66 Mount Street, Diss, IP22 4QQ, Tel: 644001;
 The Pharmacy, 1 Little Back Lane, Debenham, IP14 6RB, Tel: 01728 860421;
 Tesco Pharmacy, Cedars Link Road, Stowmarket, IP14 5BE, Tel: 0345 677 9661;
 Well, 11 Market Place, Diss, IP22 4AB, Tel: 642053.

EDUCATION (www.suffolk.gov.uk): Suffolk County Council is responsible for education in Suffolk. Suffolk County Council, Endeavour House, 8 Russell Road, Ipswich, IP1 2BX. Mon-Fri 8.30am-6pm. Email: customer.service@suffolk.gov.uk. Tel: 03456 066 067. Visit www.suffolk.gov.uk/children-families-and-learning/schools to apply for free school meals, pay for school meals find out about school attendance and penalty notices and school places. Visit www.suffolk.gov.uk/children-families-and-learning/schools/school-places to find out how to apply for a primary and secondary school places in Suffolk for the 2023/2024 school year, and how to complete an in-year application to move to another school, when to apply for a school place, advice for parents about applying for a school place and what happens on National Offer Day, use the school catchment area lists to find out if your address has a catchment area school, who to contact if you've been refused a place at the preferred school for your child and about Permanent Exclusion Reviews and things you need to know about applying for a school place for the 2024/2025 school year.

HORHAM & ATHELINGTON PARISH COUNCIL

(www.horhamandathelington.onesuffolk.net): Michelle Salazar, Parish Clerk on behalf of Horham and Athelington PC. Email: horhamathelingtonclerk@gmail.com.

REDLINGFIELD PARISH MEETING (www.redlingfield.suffolk.gov.uk):

Clerk, Janet Norman-Philips, 678835, pc@redlingfield.suffolk.gov.uk.
 Chair, Adrian Smith, (0871 72076162).

DISTRICT COUNCILLORS (www.midsuffolk.gov.uk):

Covering Redlingfield: Lucy Elkin, Eye Ward, 07928 512 590,
lucy.elkin@midsuffolk.gov.uk.

Covering Athelington & Horham: Matthew Hicks, 01728 628176, 07824 474741,
matthew.hicks@midsuffolk.gov.uk.

COUNTY COUNCILLOR: Peter Gould, 07740 595375, peter.gould@suffolk.gov.uk.

MEMBER OF PARLIAMENT (www.drDanielpoulter.com):

Dr Daniel Poulter, 0207 219 7038, daniel.poulter.mp@parliament.uk. House of Commons, London, SW1A 0AA.

SUFFOLK POLICE & CRIME COMMISSIONER (www.suffolk-pcc.gov.uk):

Tim Passmore, 01473 782773, spcc@suffolk.pnn.police.uk.

NEIGHBOURHOOD WATCH:

Horham: Hav Wilkins (384625).

Redlingfield: Adrian Smith (0871 72076162).

COUNCILS & EMERGENCIES

MID SUFFOLK DISTRICT COUNCIL (www.midsuffolk.gov.uk): Offices at Stowmarket (54 Ipswich Street, IP14 1AD). Main office Endeavour House, 8 Russell Road, Ipswich IP1 2BX. Mailing address: Babergh & Mid Suffolk District Councils, Endeavour House, 8 Russell Road, Ipswich, IP1 2BX. Email customer.service@baberghmidsuffolk.gov.uk. Tel: 0300 1234000 (from 8.45am) to be connected to any council service. They are responsible for council tax, housing benefits, housing rents, bins, household waste, building control, planning, licensing option & environmental health.

SUFFOLK COUNTY COUNCIL (www.suffolk.gov.uk): Suffolk County Council, Endeavour House, 8 Russell Road, Ipswich, IP1 2BX. Mon-Fri 8.30am-6pm. Tel: 03456 066 067. Email: customer.service@suffolk.gov.uk. Responsible for social care services, school admissions, early years & childcare service, emergency planning, fire & rescue service, fostering & adoption, highways & household waste sites.

POLICE (www.suffolk.police.uk): The Eye Safer Neighbourhood Team are Sgt Chris Shields, Sgt Craig Stock & Community Engagement Officer PC Simon Green. Email: CEOalesworth@suffolk.pnn.police.uk. The nationwide non-emergency number is 101. The quickest & easiest way to report non-emergencies is via the website.

In an emergency dial 999. You should dial 999 when life is threatened or people are injured, or if there is a crime in progress or an immediate police response is necessary.

CRIMESTOPPERS (www.crimestoppers-uk.org): 0800 555 111 (you can also report waste crime anonymously to Crimestoppers, eg dumping large amounts of waste).

NHS 111 (111.nhs.uk): For health advice & information, 24 hours a day, 365 days a year call free of charge or visit www.nhs.uk. You should use the NHS 111 service if you urgently need medical help or advice but it's not a life-threatening situation. Call 111 if you think you need to go to A&E or need another NHS urgent care service; you don't know who to call or you don't have a GP to call; or you need health information or reassurance about what to do next. For less urgent health needs, contact your GP or local pharmacist.

ELECTRICITY (UK Power Networks): Call free on 0800 3163105 or 105 to report a power cut. Text POWER & your postcode to 80876 or visit ukpowernetworks.co.uk/liveupdates for information on power cuts. If you spot a potential hazard on or near an overhead electricity line call 0800 40 40 90.

GAS (if you smell gas call): 0800 111 999.

ANGLIAN WATER (supply & sewerage emergencies): 03457 145145; (leaks) 0800 771881.

ESSEX & SUFFOLK WATER: If you spot a non-urgent leak in the street you can report it using an online form at www.eswater.co.uk. Tweet a photograph of the leak to @eswater_care. Call their leakline on 0800 526 337 for any urgent leaks.

ENVIRONMENT AGENCY: Call the incident hotline 0800 807060 to report: damage or danger to the natural environment; pollution to water or land; poaching or illegal fishing; dead fish or fish gasping for air; main rivers blocked by a vehicle or fallen tree causing risk of flooding; flooding from any river, stream, canal, natural spring or the sea; unusual changes in river flow; collapsed or badly damaged river or canal banks.